

# Military Resource Center

# Volume 11 – Issue 4, April 2024

#### James's Corner



REMEMBER

YOUR

EDUCATIONAL
BENEFITS
HOTLINE
1-888-442-4551

#### Students,

I want to thank the majority of you who remember to keep our office in the loop when you make enrollment changes. That information is critical in ensuring the VA pays you appropriately, and it reduces the risk of overpayment. There are still a handful of students not doing reporting their changes. I want to remind you that the Student Agreement you signed when you first began using your benefit states this as one of your 2 responsibilities each term (the other being the requirement to complete a semester worksheet to utilize your benefit each term)

Looking ahead, finals are around the corner, so stay focused! Also, start considering if you will be taking courses during the summer term as it is fast approaching.

Respectfully,

James Tucci Veterans School Certifying Official

Please email me at <a href="mailto:james.tucci@minotstateu.edu">james.tucci@minotstateu.edu</a> if you make any changes to your class schedule — this includes adding or dropping classes or completely withdrawing. It is very important that I get this information to the VA as soon as possible.

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OFFICE HOURS 8 A.M. – 4:30 P.M.

Military Resource Center Minot State University 500 University Ave W Minot, ND 58707 701-858-4003 / 1-800-777-0750

#### MinotStateU.edu

"GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs (VA).

Be seen. Be heard. Belong.



#### CASES WE SERVE

**VA Benefits** 

**Divorce & Family Law** 

**Employment Law** 

**Consumer Law** 

**Bankruptcy** 

**Foreclosure** 

Housing

**Landlord & Tenant** 

**Expunction & Nondisclosure** 

**Other Legal Issues** 

#### Who Do I Contact With Additional Questions?

Seniors 60 and over Call: 1-866-621-9886 Others Call:

1-800-634-5263

DISCLAIMER: This information is not legal advice. If you have a legal problem, you should talk to a lawyer and ask for advice about your options.

Legal Services of North Dakota does not accept new applications

Legal Services of North Dakota's

# Free Legal Help for Veterans

This particlar program assists veterans of all branches of the United States Armed Forces who are homeless or in danger of homelessness with a wide variety of legal issues.



What are the eligibility requirements?

To receive assistance, you must show proof of your veteran status with one of the following:

- · DD-214
- · Department of Veteran's Affairs ID
- · Department of Defense Department ID
- · Driver's license designating Veteran status

You must also have been discharged or released under conditions other than dishonorable.

There are no income or asset limits or thresholds to receive these services.

THE HEALING
POWER OF
MUSIC IN THE
HANDS OF
HEROES





MINOT, ND CHAPTER nd.minot@guitarsforvets.org

Scan QR code to donate or learn more about Guitars for Vets



"GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs VA).

**Understanding Your Award Letter What Does My Award Letter Mean?** 

**GUITARS 4 VETS** 

Not sure how to read your award letter? Below is a link to the step-by-step guide to help you understand each section.

https://benefits.va.gov/gibill/understandingyourawardletter.asp

# NORTH CENTRAL SPRING JOB FAIR **APRIL 10TH, 2024**

# JOIN US!

Job Service North Dakota and Hometown Radio Group are hosting the North Central Spring Job Fair! Wednesday, April 10th from 3 pm to 6 pm at the Minot Municiplal Auditorium.



TIME:

3:00 PM - 6:00 PM



WHEN:

WEDNESDAY APRIL 10TH, 2024



WHERE:

MINOT MUNICIPAL AUDITORIUM **420 3RD AVE SW** 



Free Admission



**Networking Opportunities** 



Face-to-Face Interaction



Job Offers and Interviews

JOBSND.COM/JOBFAIR



Job Service





## From the Director

I hope everyone enjoyed Spring Break. Please take your time and read through our newsletter to find out more about the latest events as well as summer and fall registration.

We would like to express our appreciation for our active duty, National Guard, Reserve, veteran, spouse, and dependent military service members.

The Military Resource Center continues to serve our military educational benefited students. Please continue to provide suggestions about how we can improve our current practices. We appreciate the feedback, as it allows us to better serve your needs as you work to accomplish your academic goals!

Andy Heitkamp Military Resource Center Director

# Activities Attended

## March

- 4-8 Spring break
- 11 Student Affairs meeting
- 13 Co-Curricular Assessment meeting
- 14 Spring into customer service training
- 19 Student Affairs meeting
- 20 VA Depression is an Illness webinar
- 21 University Cabinet
- 21 InterAgency Presentation
- 21 Prairie Warrior Auction
- 22 Budget presentation
- 25 Student Affairs meeting
- 26 Entrepreneurial Perspective
- 27 Registration Day
- 28 Discrimination and Harassment Train
- 29 Welcome Home Vietnam Veterans day program

# Video games relieve stress, foster fun and camaraderie for Veterans



https://news.va.gov/116797/video-games-relieve-stress-foster-fun-veterans/?utm\_source=feature&utm\_medium=email&utm\_campaign=VetResources&utm\_id=20MAR2024

Live Esports tournaments for Veterans
Warrior GMR Foundation

## 24/7 Veteran gaming community

REGIMENT Gaming is a military gaming community that focuses on uniting military service members and Veterans through the power of gaming. REGIMENT has nearly 20,000 members and has raised over \$100,000 for Veteran non-profit organizations.

Click <u>here</u> to join the REGIMENT Gaming community and sign up for its Discord channel.



Check out the Minot State Veterans Service
Center Facebook page and give it a to stay
current with events.

www.facebook.com/MinotStateVeterans

APRIL 1-5

# National Public Health Week

First District Health Unit will be on campus distributing supplies and education.

Free condoms and lube

Free

Narcan

Tuesday, April 2

10:30a.m. - 12p.m.

Old Main FIRST FLOOR LOBBY STI information & Data

Safe Sex Education

Family Planning
Education &

Information

Free Home
STI kit





Student Health Center



# LEARN HOW TO SUPPORT A VETERAN IN CRISIS

# WEDNESDAY, APRIL 3, 2024 6:00 P.M. MINOT AMERICAN LEGION 1949 N BROADWAY

Sarah Kemp Tabbut from the Fargo VA will be presenting VA S.A.V.E.

S - Signs

A - Ask

V - Validate

**E - Encourage and Expedite** 

S.A.V.E. is designed to help you ask with care, compassion, and confidence when talking with a Veteran with suicide risk.

QUESTIONS? CONTACT MILLO NEWDESIGNSBBS@HOTMAIL.COM

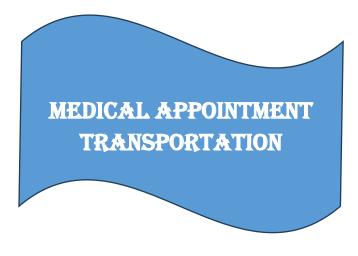
# **Medora Musical 2024**



VETERAN APPRECIATION July 14 https://medora.com/medoramusical/

# <u>Minot – Williston – Watford City area veterans</u>

Rides for medical appointments
THE NUMBER FOR THE TAXI SERVICE IS 701-609-4878. UNDER THIS
CONTRACT RIDES ARE NOT RESTRICTED TO JUST VA APPOINTMENTS, ANY
APPOINTMENT IS OKAY.



TransportME LLC has signed up to provide transportation services for veterans

in Minot, Williston, and Watford City.

A veteran may use this for any medical appointment (not just VA)! Rides can be setup by calling 701-609-4878. They can email also if they want to.

Ruth.a@tranxportme.com
Ademola.a@tranxportme.com

# **Important Dates**

#### Academic

# **April**

- 6 Last day to drop a 16-week course
- 7 Good Friday University closed
- 10 Easter Break no classes
- 15 FAFSA priority deadline
- 19 Last day to drop second eight-week courses
- 21-22 Spring Honor Dance and Powwow
- 29 Minot Symphony Orchestra Concert "Space the Final Frontier"

#### **US Armed Forces Dates**

# April

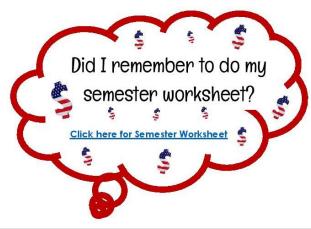
- 1 US Air Force Academy Day
- 5 Gold Star Spouses Day
- 14 Air Force Reserve Birthday
- 15 Purple Up! For Military Kids Day
- 19 Patriot's Day
- 23 Army Reserve Birthday
- 30 National Military Brats Day

# April is...

Month of Military Child

Distracted Driving Awareness Month

Sexual Assault Awareness Month (SAAM)





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## Free Educational and Career Counseling

If you're eligible for VA education benefits, then you're also eligible for Personalized Career Planning and Guidance, a free benefit that provides:

- Career counseling to help you decide which civilian or military jobs you want
- Educational counseling to help you find a training program or field of study
- Academic and adjustment counseling to help you address issues or barriers that get in the way of your success
- Resume support and goal planning

You can use this benefit more than once. Visit our website link below to apply!

(https://www.va.gov/careersemployment/education-and-careercounseling/) Friday April 19<sup>th</sup> 2024 is Purple Up Day at Minot State University. Purple signifies support for all branches of the U.S. Armed Forces through the combination of their colors.



Join the Minot State University Military Resource Center and display your support of Military Children on Purple Up Day Friday19 April, by wearing purple and being part of the group photo at 9 am outside the MSU bookstore!

PAST PHOTO of PURPLE UP SHOW OF SUPPORT at Minot State University!





## **DAV Patriot Boot Camp Spring '24**

**Who**: A Veteran or Spouse entrepreneur of a For-Profit business who is currently in business OR in pre-revenue AND who is either generating revenue OR raised capital over the past 12 months AND who is looking to grow!

**What**: DAV Patriot Boot Camp is a transformative program consisting of comprehensive entrepreneurship start-up education, mentorship, access to resources, and networking. Curriculum includes topics such as planning, sales & marketing, legal, storytelling and pitching, funding & finance, and mentorship.

**When**: Program Details: 05/15/2024 8:00 am - 05/17/2024 1:00 pm

Where: DAV National Headquarters, 860 Dolwick Drive, Erlanger, Kentucky, 41018

**How**: We deliver curriculum through in-person, workshop style teaching and coaching and interactive presentations blended with practical exercise and team building.

NOTE: This program is no-cost to the participant outside of travel and lodging (estimated value of \$7500)

May 15-17 Veteran entrepreneurs: Apply now for the DAV Patriot Boot Camp Spring 24 <a href="https://na.eventscloud.com/ereg/index.php?eventid=780483&categoryid=5143887">https://na.eventscloud.com/ereg/index.php?eventid=780483&categoryid=5143887</a>

DAV Patriot Boot Camp is a transformative program that empowers founders in the veteran and military community, including spouses, with comprehensive entrepreneurship start-up education, mentorship, access to resources, and a vital community committed to their successes.

Through in-person events and digital programming, DAV Patriot Boot Camp prioritizes the unique experiences and skills that Vetrepreneurs bring to the table, channeling their exceptional leadership, discipline, and adaptability into the realm of business creation. Our comprehensive curriculum blends practical education, experiential learning and personalized mentorship, providing a powerful foundation for veterans to launch and scale their own ventures.

There is no cost for registration or participation beyond personal travel-related expenses and lodging. Those who apply will be contacted regarding future opportunities and programming to support their entrepreneurial journey.

# Veterans – Lets GO fishin!!! On the water 2024 dates

https://www.facebook.com/p/On-the-Water-Inc-100067785296574/





# 20 Places in the Military with Asbestos Exposure and How Veterans Are at Risk



https://www.bergmanlegal.com/military-asbestos-exposure/

### Sources of Asbestos exposure in the military

1) Navy Ships, 2) Naval Shipyards, 3) Coast Guard Vessels, 4) World Trade Center after 9/11 terrorist attacks, 5) Land Vehicles, 6) Aircraft, 7) Heavy Machinery, 8) Tanks 9) Oil reserves, pipelines, and refineries, 10) Communication centers,11) Construction materials, 12) Government and administrative buildings, 13) Military bases, 14) Fire blankets, 15) Training facilities, 16) Armories and weapon storage areas 17) Infrastructure in foreign countries, 18 Protective gear, 19) Missile sites 20) Power plants

## The VA considers asbestos exposure "probable" in the following occupations:

- Aviation Boatswain's Mate
- Aviation Chief Metalsmith
- Aviation Machinist's Mate
- Aviation Electrician's Mate
- Aviation structural mechanic
- Aviation radioman
- Aviation support equipment technician
- Aviation electronic technician
- Aviation antisubmarine warfare operator, Aviation anti-sub warfare technician
- Builder
- Construction driver, Construction electrician, Construction man
- Electrician's mate
- Engineman Gas turbine system technician
- Interior communication technician
- Molder
- Machinist mate
- Missile technician
- Painter
- Steelworker
- Torpedo man's mate

# Side by Side Run

# EGG

# Saturday March 30th

\$20 entry fee \$10 each additional rider proceeds go to:

Domestic Violence Crisis Center

Route: GRAMMA JGS

Silent auction

Surrey- Big Dogs

Hi-lo ticket

Velva-Lariat

Mint

Back to GRAMMA JOS AND ALL WHEELS WELCOME

We ride at noon

PRIZES.FOOD AND FUN!!!!