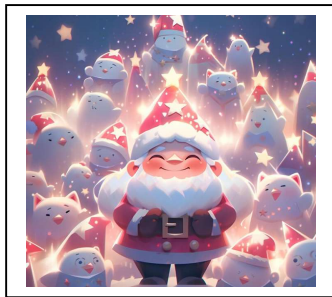




From the Director

Hope your holiday season kicked off with a relaxing Thanksgiving and you get to spend time with family and friends during the Christmas holiday! We really appreciate it when you provide suggestions to improve current practices as the Military Resource Center continues to serve our military educational benefited students both face to face and remotely. Your suggestions have resulted in improvements in policies and guidelines allowing us to better serve your needs as you work to accomplish your academic goals!

*Andy Heitkamp
Military Resource Center Director*



Check out the Minot State Veterans Service Center Facebook page and give it a thumbs up to stay current with events.

www.facebook.com/MinotStateVeterans

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CALM virtual trainings

Be seen. Be heard. Belong.

Activities Attended

November

		13	Campus Entrepreneurial Perspectives Opportunities in Healthcare
3	Nursing department Military Culture presentation	18	Supervising Student Workers Roundtable
		18	Student Affairs meeting
5	Invisible wounds of Service workshop	19	Invisible wound of Service workshop part 2
		19	campus Wellness Fair
6	Navy Chief Hospital Corpsman Pena on campus with scholarship updates	20	University Cabinet
6	Safe Communities meeting	20	Behavioral Intervention Team (BIT) meeting
6	Behavioral Intervention Team (BIT) meeting		
7	Minot Area Chamber of Commerce (MAC) Military Affairs meeting – MAFB	21	Veteran Breakfast
		21	Student Affairs meeting
7	Campus International Cultural Celebration	21	Graduation expo planning meeting
		21	Inter Agency meeting
11	University closed VETERANS DAY		
11	Veterans Day Poem Contest winners announced	25	Culture Club meeting
		27	THANKSGIVING DAY
12	KXTV interview	29	Campus Turkey Bowl



VA Life Insurance Changes

Important changes are coming to VA life insurance programs. Veterans Affairs Life Insurance (VALife) is launching on Jan. 1, 2023, as a new guaranteed acceptance whole life insurance programs for service-connected veterans. VA's current offering for service-connected veterans — Service-Disabled Veterans Life Insurance (S-DVI) — closes to new enrollment after Dec. 31, 2022. Veterans currently enrolled in S-DVI may keep their coverage or switch to VALife.

While both VALife and S-DVI cover veterans with any level of service-connected disability (0-100%), there are key program differences to consider before deciding what program is right for you.

Learn more about VALife and S-DVI by visiting the websites below:

- VALife: (<https://www.benefits.va.gov/insurance/valife.asp>)
- S-DVI 😞 <https://www.va.gov/life-insurance/options-eligibility/s-dvi/>)

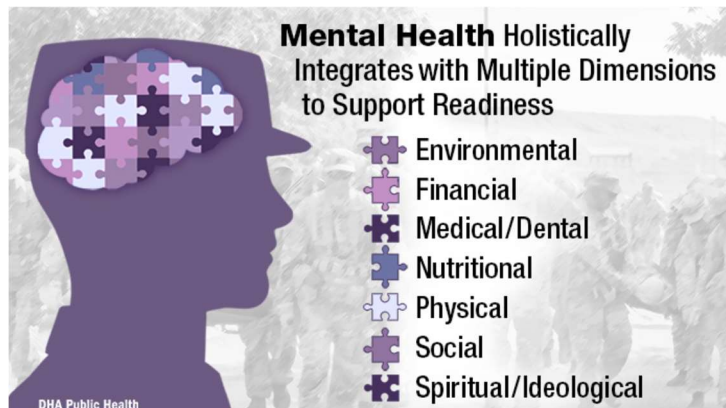
2024 Veterans Deals and Discounts



<https://www.military.com/veterans-day/veterans-day-military-discounts.html>

Get the Facts About Mental Health and Security Clearances

<https://www.health.mil/News/Dvids-Articles/2024/10/02/news482228>



Seeking mental health support does not pose a risk to gaining or keeping a national security clearance, but experiencing a mental health crisis could. In fact, seeking support can help you resolve underlying mental health issues that could negatively affect you, your family, or your career.

Disqualification for security clearance, based on seeking mental health treatment, is highly unlikely based on data from millions of security investigations at every security level reviewed by

the Defense Counterintelligence and Security Agency that goes to DCSA. (<https://www.dcsa.mil>)

Majority of Revoked or Denied Clearances Based on Other Concerns

DCSA, whose mission is to ensure anyone receiving a Department of Defense security clearance is “reliable, trustworthy, of good conduct and character, and of complete and unwavering loyalty to the United States,” analyzed more than 7.7 million cases DCSA reviewed from 2013 to 2023. Barely 1/100th of 1% of cases that resulted in denials or revocations were due to psychological health and additional conditions.

“Our finding continues to indicate the rarity of adverse actions due solely to psychological conditions,” said Priester.

“Our data provide strong support to underscore the point that even if you have a condition that is required to report to security, the chances that you will achieve or maintain eligibility are quite high—especially if you are following medical recommendations for your care,” Priester said.

“Most notably, no cases that led to a denial or revocation were only for seeking behavioral health care,” he said. Of the 1,165 cases that resulted in a denial or revoked clearance, none of the decisions were solely for seeking mental health care but were for one or more other concerns. The data were last updated on April 27, 2024.

FREE Career Mentoring, Guidance



American Corporate Partners (ACP) connects post-9/11 Veterans with corporate professionals for customized career guidance. Veterans find meaningful employment, whether it's a higher-paying job or a promotion. The average starting salary for Veterans who use ACP is more than \$90,000.

https://news.va.gov/136354/how-acp-fuels-average-starting-salary-of-90k/?utm_source=feature&utm_medium=email&utm_campaign=VetResources&utm_id=13NOV2024

Food Pantry at Minot State University Student Food Pantry List

Protein

Cans of Tuna*
Cans of Chicken*
Canned Stew
Canned Chili
Hash
Pork and Beans
Soups
Spaghetti Sauce*
Kidney Beans
Peanut Butter*

Canned Vegetables

Beans
Carrots
Peas
Tomatoes
Corn
Instant Potatoes
Spaghetti Sauce

Fruits

Canned Fruits
Fruit Cups
Dried Fruits
Jelly
Raisins
Juice Boxes

Starches

Rice*
Pasta*
Macaroni and Cheese*
Crackers
Cans of Ravioli/Spaghetti O's*
Hamburger Helper
Boxed Meals*

Breakfast

Boxes of Cereal*
Instant Oatmeal (individual packets)*
Cereal Bars
Pancake Mix
Syrup
Pop Tarts
Muffin Mix

On the Go/Snacks

Tortilla Chips
Salsa
Pringles
Cookies
Granola Bars*
Microwave Popcorn
Easy Mac*
Microwaveable Non-Frozen Meals*

*Indicates high demand items

If you would like to make a financial donation so that we can replenish the food pantry with necessary items, checks may be made to:

Lutheran Campus Ministry,
memo: Food Pantry





James's Corner

Students,

Hope you had a good Thanksgiving break!

I wanted to take this opportunity to remind you all of some of the rules for enrollment.

The VA will only pay for classes that are: required for your degree and also have not been previously completed with a passing grade.

Those are enforced with few exceptions to the rule, but there are indeed exceptions.

If your class falls into either of those categories, do not immediately assume they cannot be covered, please contact our office and ask.

We may just be able to get them certified! As always, please [complete your semester worksheet each term you wish to utilize your benefit.](#)

If you cannot remember how to navigate to the worksheet, please let us know and we will be able to assist you.

Please call 701-858-4002, email james.tucci@MinotStateU.edu, or stop in with any questions you may have. We are all here to help!

Respectfully,

James Tucci - Veterans School Certifying Official



Important Dates

Academic Dates

December

- 1-31 File your FAFSA, priority funding is April 15.
- 6 Minot State Scholarship Application opens, Feb. 15 deadline
- 11-12 Second 8-week finals
- 16-20 16-week course finals
- 23-31 Holiday/Semester Break
- 24 University closes 12 noon, Christmas Eve

January

- 1-10 Holiday/Semester Break
- 13 Spring classes after 4 p.m. begin
- 16 Last day to add first 8-week classes

US Armed Forces Dates

Every Friday is [Red Shirt Friday](#)

December

- 1 Civil Air Patrol Birthday
- 1 US Air Force Auxiliary Birthday
- 7 National Pearl Harbor Remembrance Day
- 13 US National Guard Birthday
- 14 National Wreaths Across America
- 20 Space Force birthday
- 25 Christmas Day
- 31 New Year's Eve

OFFICE HOURS

8 A.M. – 4:30 P.M.

Military Resource Center

Minot State University

Dakota Hall

500 University Ave W

Minot, ND 58707

701-858-4003 / 1-800-777-0750

MinotStateU.edu

“GI Bill®” is a registered trademark of the U.S. Department of Veterans Affairs (VA)”



Simplifying the Post-9/11 GI Bill® Application Process
Applicants to receive immediate decision after submitting application.

For the first time in 78 years, [G.I. Bill®](#) applicants can receive an immediate, real-time education benefits decision, thanks to the simplified Post-9/11 G.I. Bill® application experience.

Since 1944, over 25 million beneficiaries have taken advantage of G.I. Bill® benefits. Many of these individuals waited up to a month to receive an eligibility decision — a month of waiting to plan their future, a month of waiting to take the next step toward their educational goals. But not anymore, thanks to VA’s most recent modernization updates, through the Digital G.I. Bill® (DGIB) initiative. Learn more on YouTube (<https://www.youtube.com/watch?app=desktop&v=ZhOiYjXMGP0>).



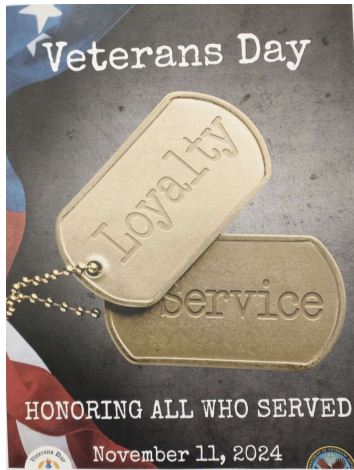
Link to North Dakota Veteran laws,
<http://www.nd.gov/veterans/laws/>



Understanding your Certificate of Eligibility (COE)
<https://benefits.va.gov/gibill/understandingyourcoe.asp>

Understanding your award letter
<https://benefits.va.gov/gibill/understandingyourawardletter.asp>

“GI Bill®” is a registered trademark of the U.S. Department of Veterans Affairs (VA)”



2024 Campus Veterans Day Poetry Contest winners

Military Resource Center Minot State University's 2024 Veterans Day Poetry Contest blue ribbon selections. Comment: The judges enjoyed all the entries and commented on the difficulty they had making a couple of the selections because of the quality of this year's entries

The student winner is:
Valeria DeVilla

A child without a grave

"I sang your favorite lullaby, my voice steady
as you polished the worn leather of my boots.
Your smile was wide, your hugs strong,
and that's all I could hold of you
before—
BOOM!

I held you on my shoulder
as you slipped further into silence.
"Can you hear me?! Please, don't leave me!"
I screamed until my voice cracked,
but only the desert echoed back.

You were gone...
and what I held were just fragments—
limbs falling apart like broken machinery.
The bomb had stolen you,
and I am a lone shadow in this boundless wasteland,
with no vengeance left to give.

So, I walk,
and laugh,
and pretend to live,
with the memory of you piercing my skin

I wake up gasping, drenched in terror
of hearing you scream.
Today, I am 53.
But without you, my friend,
I am forever 23.

The faculty winner is:
Laura Zucca-Scott

Paisà – Countryman

It was 1945

My father and his mom were trying to survive in Italy

The US soldiers were calling my father, "Paisà"

and giving him lots of candy bars

He was a ten-year-old war orphan, one of too many

The soldiers were smiling at him

They wore elegant uniforms and shiny shoes

My father did not know if he could trust them

The Nazi occupation was still fresh in his mind

as were the air raids and the bombings

The whole city was rubble

Yesterday, these soldiers were the enemy

Today, they were the liberators

My father knew his dad was never coming home

from the Nazi concentration camp

His dad had died of starvation, they said

It is hard to be a man when you are a child

A US Army colonel looked at him

He must have seen something in his eyes

The colonel already had grey in his hair

He handed him two giant Hershey chocolate bars

and said softly, "Kid, it never gets easier.

I lost my son in this war.

Nothing is ever the same."

My father still remembers the American soldiers

They called him "Paisà"

The Community and Overall selection is:

Michelle Nitengale

His Jackboots

The contrast to my something blue.
Heaviness;
their steel weight, broken toes,
Absence.
Love Notes on the Tongue,
shedding singing sand.
Coyote boots to carry him swiftly,
Up laced with a new meat tag.
My heart marching beat,
Left... right... left... A negative.
I know my husband's boots.

SPECIAL RECOGNITION

Middle School entry

"To the Veteran"

We thank the one who serve,
we thank their sacrifice.
You give what none deserve,
Too much you give; one can't be precise.

How could you work,
While others at Play?
Is that your quirk,
To be the sun in the Day?

You are the hug,
When we cry.
How did we only shrug,
When you have been shy?



You are the music,
In our hearts.
The medicine when we're sick,
Help us learn our parts.

We thank the ones who serve,
we thank their sacrifice.
You give what non deserve,
Too much you give; one can't be precise



The Navy's Medicine Talent Coordinator on campus 6 November 2024

POC
Chief Hospital Corpsman Pena
victor.j.pena4.mil@us.navy.mil
Office: 701-353-0039



HEALTH PROFESSIONS SCHOLARSHIP PROGRAM

TUITION

FREE MEDICAL OR DENTAL SCHOOL. WE'LL PAY 100% OF YOUR TUITION FOR YOUR DEGREE AS A DOCTOR OF MEDICINE, DOCTOR OF OSTEOPATHIC MEDICINE, DOCTOR OF DENTAL SURGERY OR DOCTOR OF DENTAL MEDICINE AT ANY ACCREDITED SCHOOL IN THE UNITED STATES OR PUERTO RICO.

INCENTIVES

THE HEALTH PROFESSIONS SCHOLARSHIP PROGRAM (HPSP) PROVIDES SEVERAL INCENTIVES TO HELP YOU FOCUS MORE ON STUDIES AND LESS ON COST. NO MILITARY OBLIGATION WHILE IN SCHOOL.


INCENTIVE INCLUDE:

- \$20,000 SIGNING BONUS
- MONTHLY STIPEND OF \$2,728; TO SPEND AS YOU LIKE.
- ALL EDUCATIONALLY REQUIRED SCHOOL FEES (MINUS HOUSING AND MEALS) ARE PAID.
- FULL REIMBURSEMENT FOR REQUIRED BOOKS, SUPPLIES, AND EQUIPMENT.
- ACTIVE DUTY PAY AND BENEFITS FOR 45 DAYS A YEAR.

ELIGIBILITY

TO QUALIFY FOR HPSP, YOU MUST:

- CITIZENSHIP - MUST BE A U.S. CITIZEN
- AGE - COMPLETE YOUR DEGREE BY AGE 42.
- HEALTH - MUST MEET THE NAVY'S PHYSICAL REQUIREMENTS.
- EDUCATION - MUST BE ENROLLED IN OR ACCEPTED FOR TRANSFER INTO AN ACCREDITED SCHOOL (THE AMERICAN MEDICAL ASSOCIATION (AMA), THE AMERICAN OSTEOPATHIC ASSOCIATION (AOA) OR THE AMERICAN DENTAL ASSOCIATION (ADA)). MUST HAVE A CUMULATIVE GPA OF 3.0 OR ABOVE. MUST COMPLETE STUDIES AS FULL-TIME STUDENTS ATTENDING ALL NORMAL SCHOOL SESSIONS (2 SEMESTERS OR 3 QUARTERS) AND MUST MAINTAIN A GPA OF ABOVE 3.0 AFTER SELECTION. DEGREE REQUIREMENTS MUST BE FULFILLED WITHIN 48 MONTHS.



CONTACT YOUR LOCAL NAVY MEDICINE PROGRAM COORDINATOR FOR MORE DETAILS.
FHMC (FMF) Victor J. Peña R.T (R) (CT) ARRT
☎ Cell: 701-954-9785
✉ Email: victor.j.pena4.mil@us.navy.mil



HEALTH SERVICES COLLEGIATE PROGRAM (HSCP)

The Health Services Collegiate Program is designed to provide financial incentive for students to complete their Health Care Profession's education and obtain a commission in the Medical Service Corps (MSC) or Dental Corps (DC).

Benefits:

Active duty status as an Officer Candidate First Class (OCPO1)/E6. Receive a monthly military salary anywhere from **\$3280 to \$5610*** /month while attending school:

- **Navy HSCP housing allowance based on school location. Increased offer amounts available in areas with higher cost of living**
- A comprehensive health-care benefits package.
- Time in this program counts towards your Navy retirement.
- Earn vacation while in this program. 30 days a year!
- The ability to pay for tuition, books, and other school expenses.

Eligibility Requirements:

- Citizenship - Must be a U.S. Citizen
- Age - Complete your degree by age 42
- Health - Must meet the Navy's physical requirements
- Education - Must be enrolled in, or accepted for transfer into an accredited college, university or school of study for the degree level required for your designated health profession. You must have a cumulative GPA of 3.0 or above to apply. Must complete studies/training as full time students attending all normal school sessions, and must maintain a GPA above 3.0 after selection.
- Degree/certification requirements must be fulfilled within the time frame designated by your health profession. Selectees must have an approved degree/course of study completion plan

Service Obligation:

- Year for year with a minimum obligation of three years active duty.

How to Apply:

- To apply for HSCP, or to request additional information, please contact:

HMC (FMF) Victor J. Peña R.T (R) (CT) ARRT
Navy Medicine Talent Coordinator
☎ Cell : 701-954-9785
☎ Telephone: 701-353-0039
✉ Email: victor.j.pena4.mil@us.navy.mil
1801 45th Street S
Suite C1/C2
Fargo, ND 58103





NURSE CANDIDATE PROGRAM (NCP) NURSE CORPS

The Nurse Candidate Program (NCP) is a financial assistance program for students enrolled in a baccalaureate nursing program. Upon completion of degree requirements, the student must accept a commission as a Nurse Corps (NC) officer.

Benefits

- Up to **\$58,000** total incentive while attending school.
 - Up to **\$20,000** signing bonus PLUS;
 - **\$1,000** a month (maximum 24 months)

Eligibility Requirements:

- Citizenship - Must be a U.S. Citizen.
- Age - Complete your degree by age 42
- Education - Must be enrolled in, or accepted for transfer into a nursing school accredited by either the Commission on Collegiate Nursing Education (CCNE) or the Accreditation Commission for Education in Nursing (ACEN). Must have a cumulative GPA of 3.0 or above to apply. Must complete studies/training as full time students attending all normal school sessions (2 semesters or 3 quarters), and must maintain a GPA of above 3.0 after selection.
- Degree requirements must be fulfilled within 24 months.

CURRENTLY SEEKING APPLICANTS WHO WILL BE GRADUATING DEC 2025 or later!!

Service Obligation:

- Students who receive 13-24 months of payment will incur a 5 year obligation, and those who receive 1-12 months will incur a 4 year obligation.

How to Apply:

- To apply for NCP, or if you would like additional information, please contact:

HMC (FMF) Victor J. Peña R.T (R) (CT) ARRT
Navy Medicine Talent Coordinator
☎ Cell : 701-954-9785
☎ Telephone: 701-353-0039
✉ Email: victor.j.pena4.mil@us.navy.mil
1801 45th Street S
Fargo, ND 58103



Think twice before you scan QR codes - VA News

https://news.va.gov/136377/think-twice-before-you-scan-qr-codes/?utm_source=middle&utm_medium=email&utm_campaign=VetResources&utm_id=13NOV2024




Potential fraud indicators

It can be difficult to spot fraudulent QR code scams, but there are a few key items to look for before scanning any type of QR code:

- Misspellings and grammatical errors in the hyperlink address, company name or text accompanying the code.
- A shortened URL link.
- Unsolicited QR codes from unexpected or unknown senders.
- Discoloration or changes in a company logo.
- QR code stickers placed on top of ads.
- Overseas investment opportunities requesting payment by Bitcoin.

UNDERSTANDING QR CODE FRAUD EMPOWERING SAFER SCANNING

https://www.va.gov/files/2024-10/qrcode-fraud_1.pdf



DISABLED AMERICAN VETERANS
BOB FIX
“MEMORIAL SCHOLARSHIP”

SCHOOL YEAR: 2024 - 2025

**CERTIFICATE OF
SCHOLARSHIP**

**APPLICATIONS LOCATED
HERE**

CLOSING DATE: December 15, 2024

Disabled American Veterans, Chapter #4
Ron Garcia, Scholarship Coordinator 701-
240-1713
PO Box 32 Minot, ND 58702

COUNSELING ON ACCESS TO LETHAL MEANS

Free suicide prevention training for providers who serve Service Members, Veterans, and their families.

Choose **One** Virtual Session:
December 11, 2024 12:30p-3:30p
March 25, 2025 8:30a-11:30a
June 9, 2025 12:30p-3:30p
September 10, 2025 8:30a-11:30a



Governor's Challenge to
Prevent Suicide Among SMVF

North Dakota

Reducing access to potentially dangerous methods can determine whether a person at risk for suicide lives or dies.

Counseling on Access to Lethal Means (CALM) equips providers with the skills to begin life-saving conversations about suicide risk, limiting access, and safe storage.



REGISTRATION

Scan the QR Code or visit
<https://forms.office.com/r/UAqxkvykCw>



CEUS

Approved for 2.5 CEUs through NDBCE, NDBACE, and NDBSWE.

Certificate of Completion provided for 2.5 hours for anyone who wishes to inquire to their licensing authority.

CEU's available thanks to partnership with **University of JAMESTOWN**

QUESTIONS

sarah.kemptabbuteva.gov